

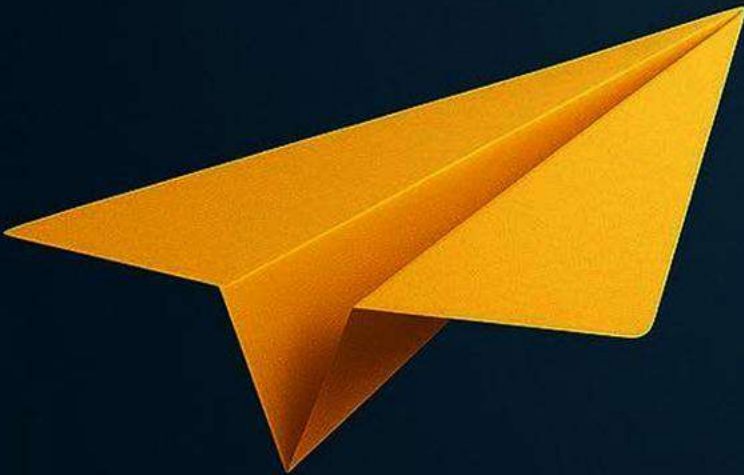


Smart Leaders IAS

Since 2011

METIS 2026 **SOCIOLOGY**

TEST SERIES SCHEDULE



I firmly believe that anyone who undergoes the process with **FULL FAITH & PERSEVERANCE** is bound to see the **RESULTS** sooner than later.

-S. Sivarajavel

20+ Years of experience in Teaching Sociology

COMPONENTS OF THE METIS SOCIOLOGY TEST SERIES 2026

INTEGRATED OVERVIEW & APPROACH SESSIONS
A WEEK BEFORE THE START OF THE TEST

**COMPREHENSIVE
PDF ANSWER KEY**



**TEST ENCOMPASSING
INTEGRATED SYLLABUS OF
PAPER I & PAPER II**
TESTS -08 SECTIONAL TEST
TESTS -04 FULL TESTS

**TIMELY EVALUATION
OF TEST PAPER &
MENTORSHIP**

WHAT IS OVERVIEW &

APPROACH SESSION ?

1. INTEGRATED OVERVIEW & APPROACH SESSIONS - EVERY SATURDAY

Revising and strengthening major concepts, improving recall, and building an integrated understanding of Paper I and Paper II.

Developing high-quality answer-writing skills with emphasis on:

- *Keywords*
- *PYQs*
- *Current affairs integration*
- *Structuring and presentation*

2. WEEKLY TEST - EVERY FRIDAY

A test will be conducted every Friday on the revised topics to:

- *Reinforce weekly learning*
- *Build consistency and exam discipline*
- *Monitor progress in line with the initial strength-weakness analysis*

OVERVIEW & APPROACH SESSION : : 01.06.2026

TEST -1

05.06.2026

PAPER - I

Unit-I Sociology - The Discipline

Modernity and social changes in Europe and emergence of Sociology.
Scope of the subject and comparison with other social sciences.
Sociology and common sense.

Unit II - Sociology as Science

Science, Scientific methods and critique.
Major theoretical strands of research methodology
Positivism and its critique.
Fact value and objectivity.
Non-positivist methodology.

PAPER - II

A.Introducing Indian Society:

- | | |
|---|---|
| 1. Perspectives on the Study of Indian Society: | 2. Impact of colonial rule on Indian society: |
| a. Indology (G.S. Ghurye). | a. Social background of Indian nationalism. |
| b. Structural functionalism (M. N. Srinivas). | b. Modernization of Indian tradition. |
| c. Marxist sociology (A. R. Desai). | c. Protests and movements during the colonial period. |
| | d. Social reforms. |

OVERVIEW & APPROACH SESSION : : 06.06.2026

TEST -2

12.06.2026

PAPER - I

Unit IV - Sociological Thinkers

(A) Karl Marx - Historical materialism, mode of production, alienation, class struggle.

Unit VI - Works and Economic Life

Social organization of work in different types of society - slave society, feudal society, industrial capitalist society.
Formal and informal organization of work.
Labour and society.

PAPER - II

B.SocialStructure:

IV.Social Classes in India:
(a) Agrarian class structure.
(b) Industrial class structure.
(c) Middle classes in India.

C.Social Changes in India

III.Industrialization and Urbanisation in India:
(a) Evolution of modern industry in India.
(b) Growth of urban settlements in India.
(c) Working class: structure, growth, class mobilization.
(d) Informal sector, child labour.
(e) Slums and deprivation in urban areas.

OVERVIEW & APPROACH SESSION : : 13.06.2026

TEST -3 19.06.2026

PAPER - I

Unit IV - Sociological Thinkers

(b) Emile Durkheim -
Division of labour, social fact,
suicide, religion and society.

(c) Max Weber - Social action, ideal types, bureaucracy,
authority, protestant ethic and the spirit of capitalism.

Unit VIII - Religion and Society:

Sociological theories of religion.

Types of religious practices: animism, monism, pluralism,
sects, cults.

Religion in modern society: religion and science,
secularization, religious revivalism, fundamentalism

PAPER - II

B.Social Structure VI.Religion and Society:

(a) Religious communities in India. (b) Problems of religious minorities

OVERVIEW & APPROACH SESSION : : 22.06.2026

TEST -4 26.06.2026

PAPER - I

Unit VII - Politics and Society:

(a) Sociological theories of power.

(b) Power elite, bureaucracy, pressure groups and political parties.

(c) Nation, state, citizenship, democracy, civil society, ideology.

(d) Protest, agitation, social movements, collective action, revolution.

C.Social Changes in India

IV .Politics and Society:

(a) Nation, democracy and citizenship.

(b) Political parties, pressure groups, social and political elite.

(c) Regionalism and decentralization of power.

(d) Secularization.

V.Social Movements in Modern India:

(a) Peasants and farmers' movements.

(b) Women's movement.

(c) Backward classes & Dalit movements.

(d) Environmental movements.

(e) Ethnicity and Identity movements.

PAPER - II

OVERVIEW & APPROACH SESSION : : 27.06.2026

TEST-5 03.07.2026

PAPER - I

Unit-IV Sociology Thinkers

(d) Talcott Parsons - Social system, pattern variables.

(e) Robert K. Merton - Latent and manifest functions, conformity
and deviance, reference groups.

B.Social Structure

I. Rural and Agrarian Social Structure:

The idea of Indian village and village studies

Agrarian social structure evolution of land tenure system, land reforms.

C.Social Changes in India

II.Rural and Agrarian Transformation in India:

Programmes of rural development, Community Development Programme, cooperatives, poverty alleviation
schemes.

Green revolution and social change.

Changing modes of production in Indian agriculture.

Problems of rural labour, bondage, migration.

PAPER - II

Unit- V Stratification and Mobility:

Concepts - equality, inequality, hierarchy, exclusion, poverty, and deprivation.
Theories of social stratification - Structural functionalist theory, Marxist theory, Weberian theory.
Dimensions - Social stratification of class, status groups, gender, ethnicity and race.
Social mobility - open and closed systems, types of mobility, sources and causes of mobility.

B.Social Structure

II.Caste System:

Perspectives on the study of caste systems: G. S. Ghurye, M. N. Srinivas, Louis Dumont, Andre Beteille.
Features of caste system.
Untouchability-forms and perspectives

III.Tribal Communities in India:

- Definitional problems.
- Geographical spread.
- Colonial policies and tribes.
- Issues of integration and autonomy.

Unit- III RESEARCH METHODS AND ANALYSIS:

Qualitative and quantitative methods.
Techniques of data collection.
Variables, sampling, hypothesis, reliability, and validity.

Unit- IX : Systems of Kinship:

- Family,household, marriage.
- Types and forms of family.
- Lineage and descent.
- Patriarchy and sexual division of labour.
- Contemporary trends.

C.Social Changes in India

VI.Population Dynamics:

- Population size, growth, composition and distribution.
- Components of population growth: birth, death, migration.
- Population Policy and family planning.
- Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.

B.Social Structure

V.Systems of Kinship in India:

- Lineage and descent in India.
- Types of kinship systems.
- Family and marriage in India.
- Household dimensions of the family.
- Patriarchy, entitlements, and sexual division of labour.

TEST-8

24.07.2026

PAPER - I

UNIT-4-Sociological Thinkers

f. Mead - Self and identity.

Unit- X : Social Change in Modern Society:

- a. Sociological theories of social change.
- b. Development and dependency.
- c. Agents of social change.

d. Education and social change.

e. Science, technology, and social change.

C.Social Changes in India

PAPER - II

I. Visions of Social Change in India:

- a. Idea of development planning and mixed economy.
- b. Constitution, law, and social change.
- c. Education and social change.

VII.Challenges of Social Transformation:

- a.Crisis of development: displacement, environmental problems & sustainability.
- b. Poverty, deprivation and inequalities.
- c. Violence against women.
- d. Caste conflicts.
- e. Ethnic conflicts, communalism, religious revivalism.
- f. Illiteracy and disparities in education.

TEST - 9

31.07.2026

FULL TEST -PAPER 1

TEST - 10

07.08.2026

FULL TEST -PAPER 1

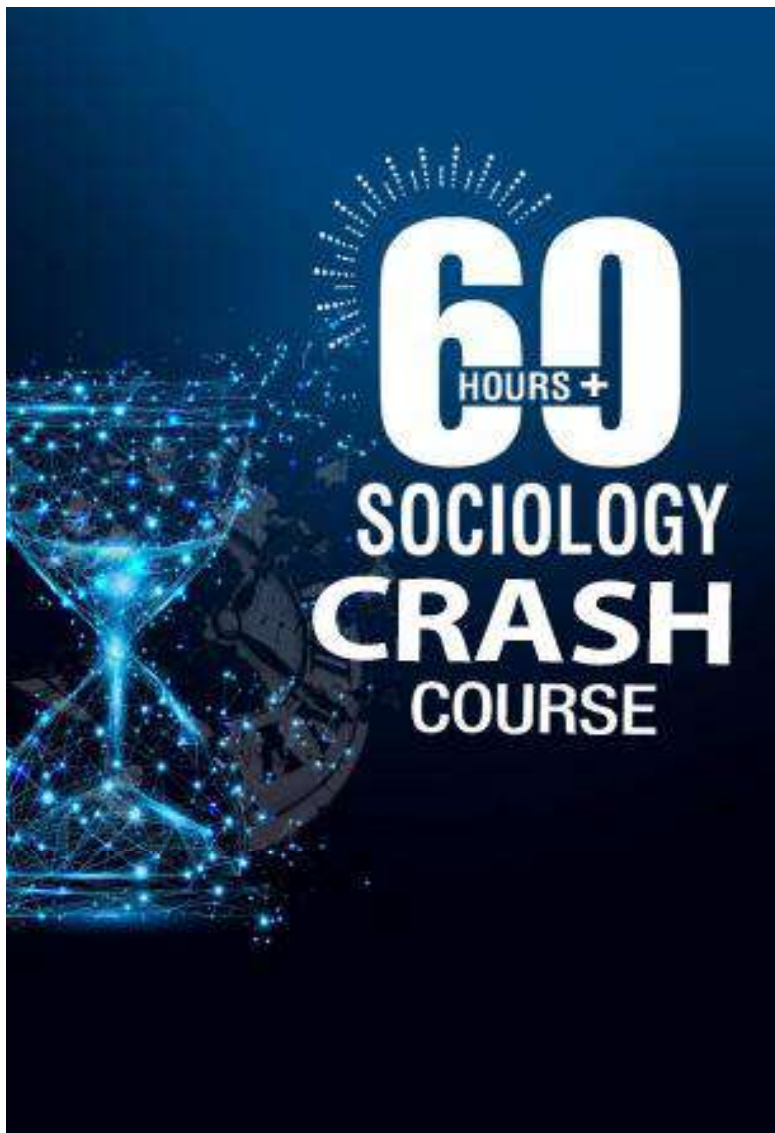
MOCK TEST

14.08.2026

ALL INDIA MOCK TEST -PAPER - 1

14.08.2026

ALL INDIA MOCK TEST -PAPER - 2



CLASS -4

Unit-IV Sociological Thinkers

(C) MAX WEBER

Social action, Ideal types, Authority, Bureaucracy, Protestant ethic and the spirit of capitalism.

Unit-VII Politics and Society

- Sociological theories of power.
- Power elite, bureaucracy, pressure groups and political parties.
- Nation, state, citizenship, democracy, civil society, ideology.
- Protest, agitation, social movements, collective action, revolution.

CLASS -5

Unit-IV Sociological Thinkers

(D) TALCOLTT PARSONS

Social system, Pattern variables.

Unit-IX Systems of Kinship

- Family, household, marriage.
- Types and forms of family.
- Lineage and descent.
- Patriarchy and sexual division of labour.
- Contemporary trends.

CLASS -6

Unit-IV(e) Sociological Thinkers

(E) ROBERT K. MERTON

Latent and manifest functions, Conformity and deviance, Reference groups

Unit-V Stratification and Mobility

- Concepts - equality, inequality, hierarchy, exclusion, poverty, and deprivation.
- Theories of social stratification - Structural functionalist theory, Marxist theory, Weberian theory.
- Dimensions - Social stratification of class, status groups, gender, ethnicity and race.
- Social mobility - open and closed systems, types of mobility, sources and causes of mobility.

CLASS -7

Unit-IV Sociological Thinkers

(F) MEAD - Self and identity.

Unit-X Social Change in Modern Society

- Sociological theories of social change.
- Development and dependency.
- Agents of social change.
- Education and social change.
- Science, technology, and social change.

Unit-III Research Methods and Analysis

- Qualitative and quantitative methods.
- Techniques of data collection.
- Variables, sampling, hypothesis, reliability, and validity.

CLASS -1

Unit-I Sociology As A Discipline

- Modernity and social changes in Europe and emergence of Sociology.
- Scope of the subject and comparison with other social sciences.
- Sociology and common sense

Unit II - Sociology as Science

- Science, Scientific methods and critique.
- Major theoretical strands of research methodology
- Positivism and its critique.
- Fact value and objectivity.
- Non-positivist methodology.

CLASS -2

Unit IV - Sociological Thinkers

(A) KARL MARX

Historical materialism
Mode of production

Alienation
Class struggle.

Unit VI - Works and Economic Life

- Social organization of work in different types of society - slave society, feudal society, industrial capitalist society.
- Formal and informal organization of work.
- Labour and society.

CLASS -3

Unit IV - Sociological Thinkers

(B) EMILE DURKHEIM

Division of labour, social fact, suicide, religion and society.

Unit VIII - Religion and Society

- Sociological theories of religion.
- Types of religious practices: animism, monism, pluralism, sects, cults.
- Religion in modern society: religion and science, secularization, religious revivalism, fundamentalism.

PAPER - II

CLASS-8

A. Introducing Indian Society

I. PERSPECTIVES ON THE STUDY OF INDIAN SOCIETY:

- Indology (G.S. Ghure).
- Structural functionalism (M. N. Srinivas).
- Marxist sociology (A. R. Desai).

II. IMPACT OF COLONIAL RULE ON INDIAN SOCIETY:

- Social background of Indian nationalism.
- Modernization of Indian tradition.
- Protests and movements during the colonial period.
- Social reforms.

B. Social Structure

I. RURAL AND AGRARIAN SOCIAL STRUCTURE:

- The idea of Indian village and village studies.
- Agrarian social structure— evolution of land tenure system, land reforms.

CLASS -9

B. Social Structure:

II. CASTE SYSTEM:

- Perspectives on the study of caste systems:
- G.S.Ghurye, M.N.Srinivas, Louis Dumont, Andre Beteille.
- Features of caste system.
- Untouchability-forms and perspectives

III. TRIBAL COMMUNITIES IN INDIA:

- Definitional problems.
- Geographical spread.
- Colonial policies and tribes.
- Issues of integration and autonomy.

IV. SOCIAL CLASSES IN INDIA:

- Agrarian class structure.
- Industrial class structure.
- Middle classes in India.

CLASS -10

B. Social Structure:

V. SYSTEMS OF KINSHIP IN INDIA:

- Lineage and descent in India.
- Types of kinship systems.
- Family and marriage in India.
- Household dimensions of the family.
- Patriarchy, entitlements, and sexual division of labour.

VI. RELIGION AND SOCIETY:

- Religious communities in India.
- Problems of religious minorities.

C. Social Changes in India:

I. VISIONS OF SOCIAL CHANGE IN INDIA:

- Idea of development planning and mixed economy.
- Constitution, law, and social change.
- Education and social change.

CLASS -11

C. Social Changes in India:

II. RURAL AND AGRARIAN TRANSFORMATION IN INDIA:

- Programmes of rural development, Community Development Programme, cooperatives, poverty alleviation schemes.
- Green revolution and social change.
- Changing modes of production in Indian agriculture.
- Problems of rural labour, bondage, migration.

III. INDUSTRIALIZATION AND URBANISATION IN INDIA:

- Evolution of modern industry in India.
- Growth of urban settlements in India.
- Working class: structure, growth, class mobilization.
- Informal sector, child labour.
- Slums and deprivation in urban areas.

IV. POLITICS AND SOCIETY:

- Nation, democracy and citizenship.
- Political parties, pressure groups, social and political elite.
- Regionalism and decentralization of power.
- Secularization.

CLASS -12

C. Social Changes in India:

V. SOCIAL MOVEMENTS IN MODERN INDIA:

- Peasants and farmers' movements.
- Women's movement.
- Backward classes & Dalit movements.
- Environmental movements.
- Ethnicity and Identity movements.

VI. POPULATION DYNAMICS:

- Population size, growth, composition and distribution.
- Components of population growth: birth, death, migration.
- Population Policy and family planning.
- Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.

VII. CHALLENGES OF SOCIAL TRANSFORMATION:

- Crisis of development: displacement, environmental problems and sustainability.
- Poverty, deprivation and inequalities.
- Violence against women.
- Caste conflicts.
- Ethnic conflicts, communalism, religious revivalism.
- Illiteracy and disparities in education.

FEES DETAILS :

For students who have written mains 2024, 2025 & Cleared 2026 Prelims

Metis Sociology 2026 Test series : ₹ 10,000/-

Metis Sociology 2026 + Crash course : ₹ 13,000/-

For Other students

Metis Sociology 2026 + Crash course : ₹ 16,000/-

GENERAL INSTRUCTIONS:

• Offline :

Test Timing :8am - 11am

Candidates can reschedule the test based on their convenience, However all the tests must be completed before the commencement of **CSE Mains 2026**

- Recorded discussion videos will be available till the commencement of **CSE Mains 2026**

• Online :

- Test question paper, answer sheet will be sent via telegram channel at 8 am on the scheduled date of every test.

- Candidates can reschedule the test based on their convenience, However all the tests must be completed before the commencement of **CSE Mains 2026**

- Recorded discussion videos will be available till the commencement of **CSE Mains 2026**

- The answer script must be mailed only to **sivarajavelsociology@gmail.com**

- Overview & Approach will be via online only. Timings : **4:00 PM -6:00 PM**
- Detailed Answer key PDF will be given after every test.
- Evaluated answer scripts will be provided within **7 working days** from the date of receipt of the answer scripts. Candidates are required to submit one answer script at a time.
- They shall submit their next answer script only after the evaluation of their first answer script.
- Individual assessment and feedback will be provided by **Mr.S.SIVARAJAVEL** through appointment .
- Smart Leaders IAS reserves all rights to make any changes in schedule, if need arises so.
- Fee once paid is non-refundable and non-transferable in any circumstances.

VOICES OF SUCCESS

The SIVARAJAVEL Impact :

ABHIJIT ASOKAN

AIR-234 | CSE 2025

SOCIOLOGY SCORE **279** MARKS



Following the success of my brother, who secured 303 marks in Sociology under the guidance of Sivaraavel Sir, I chose Smart Leaders IAS Academy for my Sociology optional preparation.

Despite choosing the online mode, Sivaraavel Sir was always available and accessible during doubt-clearing and live sessions, making the distance feel irrelevant.

Test series (METIS) comprehensive, year-long program was instrumental in my success. It covers the entire syllabus through nearly 380 PYQs, ensuring complete conceptual clarity. The discussion notes provided after each test became my primary revision tool, allowing me to consolidate the vast syllabus efficiently before the mains.



Scan for
VIDEO

VOICES OF SUCCESS

The SIVARAJAVEL Impact :

NITISHA THAKWANI

AIR-133 | CSE 2024

SOCIOLOGY SCORE **268** MARKS



I would sincerely like to thank Sivarajavel sir for his continuous support throughout UPSC journey.

His test series had question that directly came in the final examinations that helped me better answer the questions .

Sivarajavel sir gave ready made introduction and conclusion along with model answer which helped me recollect the answer under pressure situations.

He was not just a mentor but a friend whom i could conatct any time i faced any problem.He used to constantly motivate me that its in my potential that i can crack the examination.

Thank you sir not just for sociology but for motivating me during low times.



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VIDEO

VOICES OF SUCCESS

The SIVARAJAVEL Impact :

Mr.SAURABH SHARMA

AIR-23 | CSE 2023

SOCIOLOGY SCORE **306** MARKS



Sociology test series by Sivarajavel sir proved to be immensely helpful in my Mains preparation.

Sivarajavel sir used to provide model answers during test discussion with ready made introduction and conclusion ,which often gets repeated in (UPSC CSE Mains) exam.

He was a constant pillar of support. I would like to thank him for my success.



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VIDEO

Civil Services-2025

SOCIOLOGY

TOPPERS

MENTORED BY Mr.S.SIVARAJAVEL



AIR
161

SANDESH JAIN



AIR
181

RESHMA S



AIR
196

PRATEEK JOSHI



AIR
234

ABHIJIT ASOKAN



AIR
407

ARUNPRAKASH M



AIR
455

SHOIB



AIR
497

SHEIK MOHAMED NISHATH



AIR
502

SANJAY KUMAR



AIR
613

ABHISHEK CHAUDHARY



AIR
719

MANI KARAN SONI



AIR
793

PRAVEEN DIANAMPELLY



AIR
900

BANOTHU BHARATH KUMAR



AIR
953

SANJAY

Decades of Dominance : Excellence by the Numbers



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3rd Floor, Shanthy Colony,
Anna Nagar, Chennai - 600040.

☎ : 72000 10122, 962636 4444

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VOC ground opposite,Trivandrum
Road, Palayamkottai - 627002.

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☎ : 9751500300 / 9786500300

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next to Anna Arch, Londenpet,
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